

2025

GEAR UP NEW YORK ITINERARY



-	Thursday	July 31	Buffalo	0
-	Friday	Aug 1	Buffalo	0
-	Saturday	Aug 2	Buffalo	0
1	Sunday	Aug 3	Rochester	95
2	Monday	Aug 4	Syracuse	95
3	Tuesday	Aug 5	Utica	65
4	Wednesday	Aug 6	Albany	100
5	Thursday	Aug 7	Albany	0
6	Friday	Aug 8	Kingston	75
7	Saturday	Aug 9	Hawthorne	95
8	Sunday	Aug 10	New York City	35

TOTAL MILES: 560
